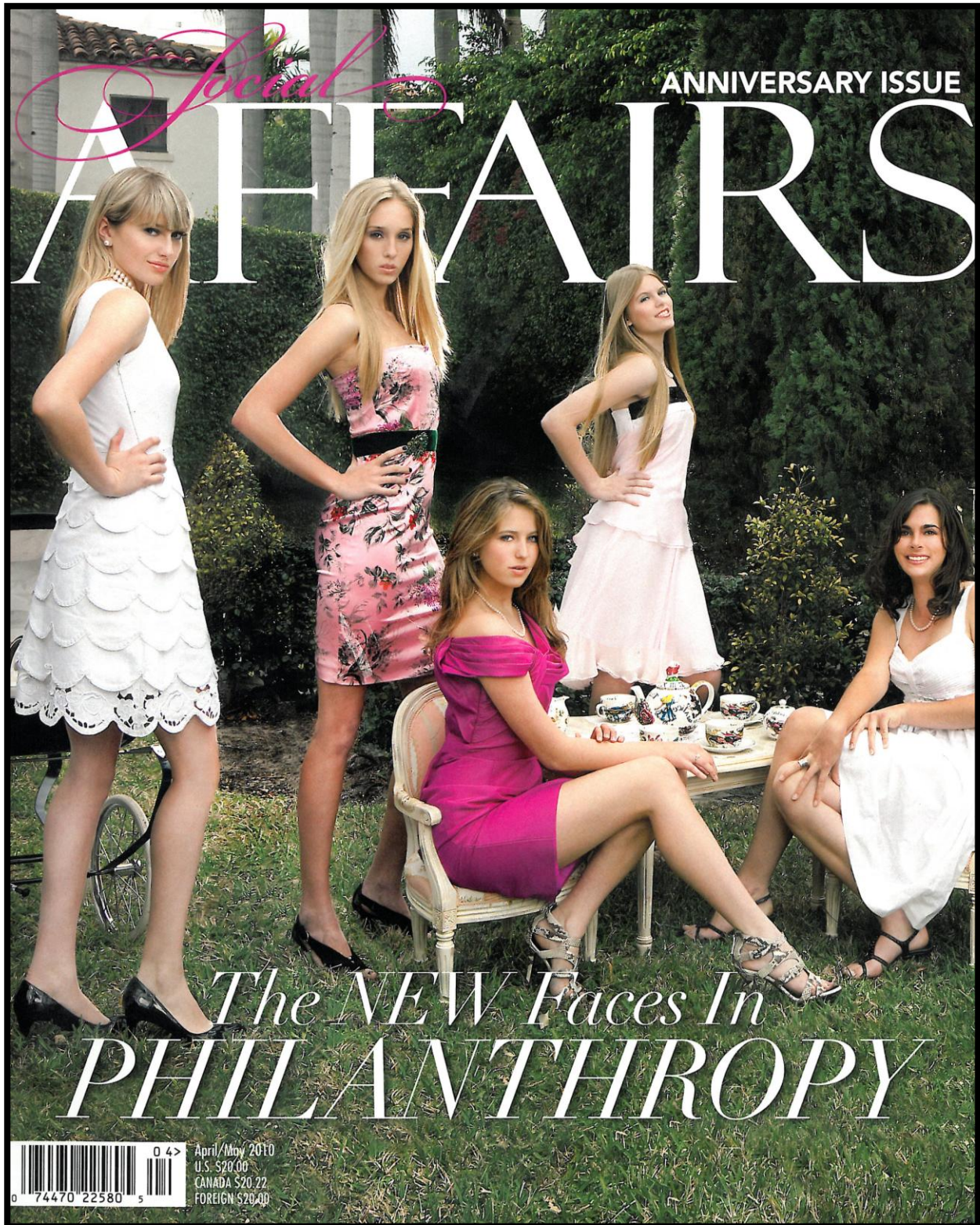
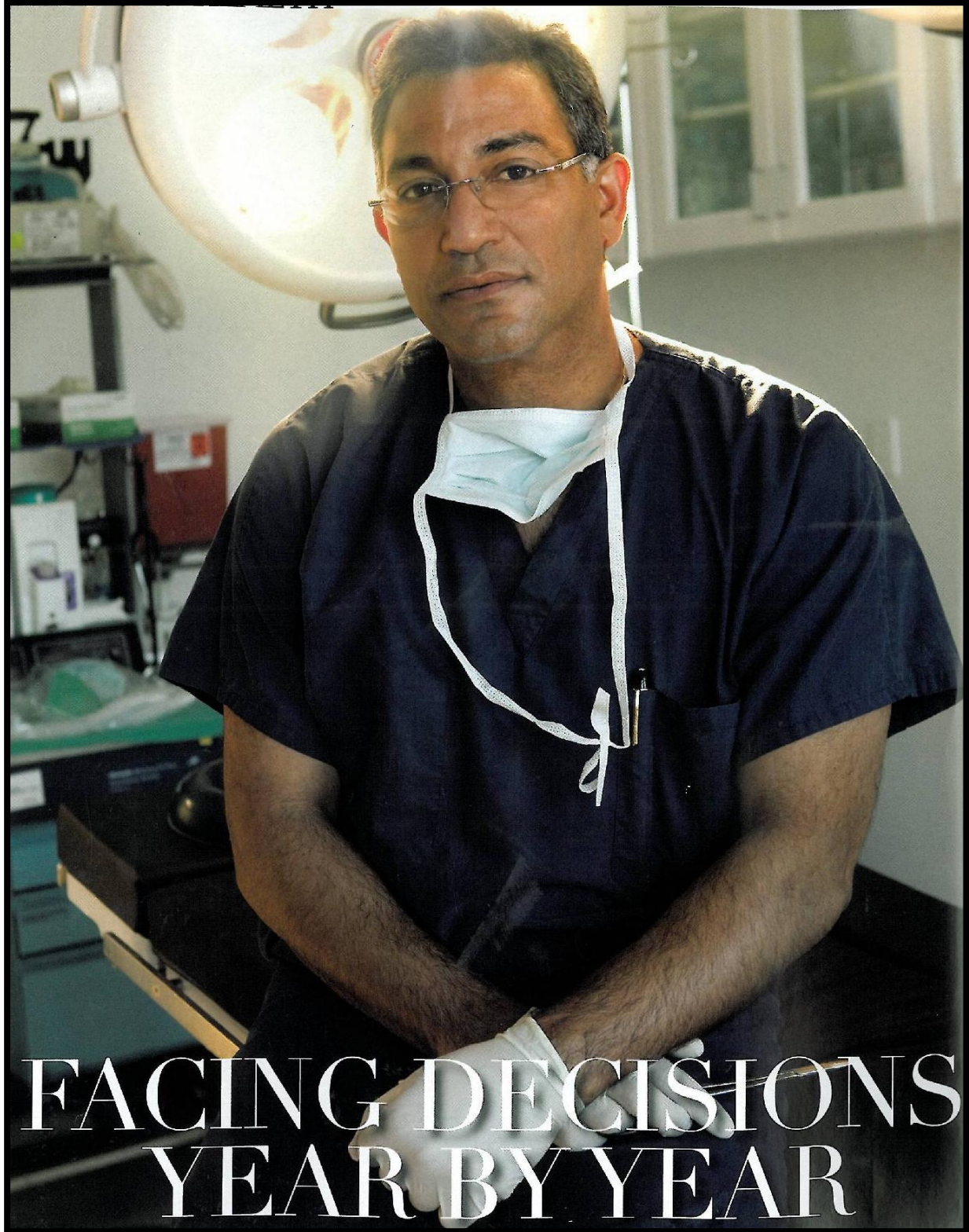


April/May 2010



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U.S. \$20.00
CANADA \$20.22
FOREIGN \$20.00



FACING DECISIONS
YEAR BY YEAR

“I cannot thank Dr. Salomon enough! I couldn't be happier with the result of my facelift. His expertise, attention to detail and artistic judgment achieved a totally natural look - only years younger. It changed my self-perception and improved my outlook on life.”

—LAURA DESENA,
GRAPHIC DESIGNER

Dr. Jhonny Salomon is the author of many articles in prestigious Scientific Journals and he has presented his research in many Plastic Surgery Forums. He has been published in many national, international, and local popular magazines.

When considering facial surgery it is very important that you chose a surgeon who specializes in the face, as facial procedures generally tend to be more detailed than other cosmetic surgery procedures. The analysis of the face is very important and the journey towards the ultimate result begins with this initial facial analysis.

The surgeon needs to have great insight about the face, about proportions, about beauty and be able to fully understand the components of the face that contribute to facial aging. The components of the face include the forehead, the brow, the eyes, the cheeks, the nose, the jowls, the chin, the neck, and the quality of the skin. It is important that all of these components come in balance for the results to be elegant and natural. Today, there are so many invasive and non-invasive technologies that address the face in different parts; for this reason, it is very important that the person performing the consultation be very well-versed in all these different modalities.

Patients visit my practice at all stages in life to receive consultations while seeking my recommendations for facial improvements to highlight their natural beauty. You can have young models in their 20s just interested in refreshing their look with some brow elevation that is done with Botox or seeking lip enhancement which can be done with fillers.

Very often, I meet people in their mid to late 30s who come in with the beginning stages of facial aging and very commonly they are candidates for non-invasive treatments of the forehead & face that are done with Botox or fillers, and can also be wonderful candidates for skin tightening procedures such as Thermage. This age range is also one in which patients begin considering more invasive procedures such as the endoscopic brow lift and/or possibly having surgery of their upper and lower lids to brighten their eyes.

As a patient enters into their 40s, they may become candidates for mini facelifts depending on the amount of aging that has taken place. They may also be potential candidates for a number of laser treatments I offer such as Fraxel which aids in correcting the effects of aging and sun damage to the skin.



Towards the early 50s and 60s, patients become candidates for a variety of procedures which include the full face and neck lift, the endoscopic brow lift, and the upper or lower eyelid surgery. These procedures are often done in combination during one surgery but can also be done as separate procedures. As everyone ages differently, each individual may require a different degree of treatments. Patients in their 50's and 60's, who do not want to have an invasive surgery, are still very good candidates for injectables & fillers, skin tightening procedures, and laser treatments.

As part of the aging process, one component that becomes present is the loss of volume or movement of volume in the face. Usually part of the facial rejuvenation would include some type of volume restoration either with fat or a filler such as Radiesse.

The nose can be treated at any time during life, most patients begin in their late teens but some patients will have a nasal procedure as part of their facial rejuvenation.

Good judgment, skill, and experience will usually ensure a natural, elegant, and beautiful result. It is very important for a person to just look refreshed or look like they looked 10 to 15 years ago rather than look different. With a masterful result, usually people should not be able to tell you've had a procedure done. SA

Dr. Salomon is the author of many articles in prestigious Scientific Journals and he has presented his research in many Plastic Surgery Forums. He has been published in many national, international, and local popular magazines. For more information visit www.drjsalomon.com, or call (305) 270.1361.