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DR. JHONNY SALOMON

SHARES THE LATEST INNOVATIONS IN NON-INVASIVE PLASTIC SURGERY

AFTER A SUMMER OF SUNBATHING IN SOUTH BEACH, MOST of us could use a little bit of TLC on our skin. Whether you're looking to smooth fine lines, minimize pores, or tighten and re-surface, there's a non-invasive treatment option to fix any problem. But with so many options ranging from Botox to Fraxel and beyond, it's easy to feel overwhelmed. To help you select the best course of action and put your best face forward this holiday season, Haute Living chatted with famed Miami plastic surgeon Dr. Jhonny Salomon about the latest trends in non-invasive cosmetic procedures.

What are the latest non-invasive treatments for women considering facial rejuvenation?

For most women in their thirties and forties, Botox is usually an integral part of that treatment. It treats forehead lines, frown lines, and crows feet. Botox can also be used to lift the corners of the mouth, and even on the neck to some degree.

Describe the different types of fillers available to patients.

There are intermediate, long-term, and permanent fillers. Intermediate fillers, which last for up to seven months, include Restylane and Juvederm. Long-term fillers include Voluma and Radiesse. Permanent fillers are also great as non-invasive treatments such as fat grafting because you can treat the lower part of the face completely. You can treat the nasolabial folds and the forehead lines, and even correct the lateral aspects of the face.

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What techniques are used to tighten and resurface the skin?

Thermage is a radio frequency technology that I use to help patients tighten their skin. I often suggest laser treatments, such as Fraxel and Fractional CO2, to clients interested in skin resurfacing. This course of treatment involves using a laser to remove areas of damaged or wrinkled skin, age spots, acne scars, skin blemishes, and hyper-pigmentation layer by layer.



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Dr. Stuart Linder is the premiere BEVERLY HILLS Board Certified Plastic Surgeon, specializing in body sculpting procedures. He has placed over 10,000 implants in his Beverly Hills Surgery Center. His television appearances include The Dr. Oz Show, The View, 20/20 with Barbara Walters, Discovery Health Channel, Extra, ABC, and Entertainment Tonight. Dr. Linder is the author of The Beverly Hills Shape, The Truth About Plastic Surgery. He has developed the Linder product line, including The Dr. Linder Bra and Sexy Shapewear The Ultimate Sports Bra!

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Miguel A. Delgado, Jr., M.D., F.A.C.S., is certified by the American Board of Plastic Surgery and is a member of the American Society for Plastic Surgery and the American Society for Aesthetic Plastic Surgery, the most exclusive and respected plastic surgery organization in the world. A true visionary with a passion for creating naturally beautiful results. Dr. Delgado welcomes you to discover the benefits of cosmetic plastic surgery.

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Dr. Salomon is committed to the highest standards of medicine, striving over 15 years to deliver perfection to each patient resulting in only the best results. In cosmetic surgery, as in all forms of fine art, it is essential to pay attention to detail and have artistic vision. With practices in both Miami and New York, Dr. Salomon masters both without jeopardizing safety or compromising ethics.